



# SEIZURE EMERGENCY PLAN

Student's Name:	Place Student Picture Here
Date of Birth:	
Teacher: <span style="float: right;">Grade:</span>	
Parent / Guardian: <span style="float: right;">Phone #:</span>	
Address: <span style="float: right;">Postal Code:</span>	
Parent / Guardian: <span style="float: right;">Phone #:</span>	
Address: <span style="float: right;">Postal Code:</span>	
Emergency Contact: <span style="float: right;">Relationship:</span>	
Home Phone #: <span style="float: right;">Work #:</span>	
Emergency Contact: <span style="float: right;">Relationship:</span>	
Home Phone #: <span style="float: right;">Work #:</span>	
Doctor's Name: <span style="float: right;">Phone #:</span>	

**PREVIOUS HISTORY:**

1. When was the last seizure? \_\_\_\_\_
2. How often do seizures occur? \_\_\_\_\_
3. Does your child have any warning symptoms before a seizure? \_\_\_\_\_  
\_\_\_\_\_
4. What happens during a seizure? \_\_\_\_\_  
\_\_\_\_\_
5. Is your child on medication(s)?  Yes  No  
Name of medication(s) \_\_\_\_\_  
Times given \_\_\_\_\_
6. Possible side effects: \_\_\_\_\_
7. Child wears a Medic Alert Bracelet  Yes  No

**EMERGENCY RESPONSE – Steps to take during a seizure:**

1. When this student has a seizure:
  - a. Keep calm. The patient is usually not suffering or in danger.
  - b. Do not restrain his / her movements. Loosen tight clothing. Protect from injury.
  - c. After jerking or seizure has subsided, and if the child is still unconscious, turn the person on their side with his / her face gently turned downward.
  - d. Do not put anything between the child's teeth.
  - e. Do not give the child anything to drink.
  - f. Stand by until the child has fully recovered consciousness from the confusion, which sometimes follows a seizure.
  - g. Let the child rest if they feel tired, then encourage them to go about their regular activities.
  - h. Notify parents.
2. 911 will be called if: \_\_\_\_\_
3. Comments: \_\_\_\_\_

Parent / Legal Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**RETURN FORM TO THE SCHOOL AND DISCUSS WITH OFFICE STAFF AND ALL YOUR CHILD'S TEACHERS**