

Types of Bullying



SD68
DPAC

Racism

- Poor treatment of or violence against people because of their race
- The belief that some races of people are better than others
- Derogatory references regarding any race or uniqueness of any individual or group

Physical

- Hitting *
- Kicking *
- Shoving
- Spitting *
- Beating Up *
- Tripping
- Pinching
- Stalking *
- Actions or weapons *
- Theft or damaging property *
- Pushing
- Pulling hair
- Unwelcome touching *

Cyber

- Harassment via digital devices including email, cell phones, text messages, twitter and other Internet sites
- Online sexual exploitation
- Online posting or distribution of embarrassing pictures/intimate images or videos, real or altered without the consent of the person in the image

Harming, Lying

- Cheating and stealing
- Violating critical bonds of trust and cultivating a sense of entitlement
- Denying equal rights and failing to support basic human rights

Social, Emotional, Relational

- Lying and spreading rumours
- Negative facial or physical gestures, menacing or contemptuous looks
- Playing nasty jokes to embarrass and humiliate
- Mimicking unkindly
- Making a person feel unattractive or powerless
- Damaging someone's social reputation or acceptance
- Encouraging others to socially exclude someone
- Threatening with words *

Verbal

- Racial or ethnic slurs
- Name calling
- Insulting
- Teasing
- Intimidating
- Verbal abuse
- Homophobic or racist remarks
- LGBTQ and gender issues must be treated the same as racism

NOTE * Behaviours such as kicking, hitting, punching, spitting, beating up, stalking, threatening with words, actions or weapons, unwelcome touching, theft or damaging property, or victimization, **are NOT ONLY considered bullying behaviours – they can be criminal code offenses!**

ACTION Any threat or violence related behaviours should be immediately reported to the principal.



Help promote safer schools for everyone!

Policy 3207 - Student Harassment, Intimidation and Bullying (students)
Policy 6770 - Harassment (staff)