

Homewood Pathfinder

In partnership with your employer, we are pleased to introduce the Homewood Pathfinder Suite - a true leap forward for your Employee Assistance Program (EAP). Pathfinder is an enhanced, future forward Homeweb experience that aligns your reason for accessing the program, the severity of your concern, level of risk and your care preferences to offer you the right EAP service or resource at the right time.

Pathfinder is your solution for today's complex world and offers you a wealth of tools and resources and support. Pathfinder develops a curated care path and EAP service recommendations based on your individual needs and preferences. It's available to you and your eligible dependents at **no cost** and can be accessed 24/7/365.

Offering you the right care at the right time

From time to time, we all encounter personal problems that affect our sense of wellbeing and our ability to function both at work and at home. If help is available early and is easy to access, these situations can be resolved before they become more serious. Your EAP offers short-term counselling - supporting a wide variety of concerns including relationship, parenting and family concerns, depression and anxiety, stress management, grief and bereavement, work and family balance, substance use, work-related problems and more. Your EAP also provides coaching and expertise in the areas of childcare and eldercare, career planning, financial and legal consultation as well as self-directed programs, online learning modules, additional resources, and articles.

With Pathfinder, you select your preferred approach to accessing support. You can choose from a virtual experience, a fully 'live' experience by telephone, or a blended experience. It's this choice that improves your EAP by allowing you to instantly access many tools, resources and service recommendations in the way you are most comfortable with. Choice empowers you to be better informed for a more meaningful and impactful experience.

The Pathfinder Suite features:

- **Homewood PulseCheck** – tell us how you're doing using a simple slider. We use this information to track how you're feeling over time. You also receive resource recommendations tailored to your responses.
 - **Homewood Pathfinder Journeys** – You're led through triage, assessment and service offerings based entirely on your unique needs and preferences. Simply put, tell us what's going on and we'll recommend a primary service or resource for you, alongside a number of secondary resources that you can take a look at.
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- **Clinically validated screeners and online booking** - We use validated screeners for depression, anxiety, and trauma as well as for other presenting issues. Booking a professional is smooth and fast. You always have access to our professional Intake consultants 24/7 if you want a hand.
- **My Dashboard** – the heart of the Pathfinder experience. It's a place to start new Pathfinder journeys, access specific resources, check-in on counselling appointments or simply browse Homeweb.

When appropriate, qualified professional support may be available instantly through our online **MeetNow** capability - the first service of its kind in EAP. Through MeetNow, you have access to a Homewood professional for a single session **NOW**, if it works for you. There's no booking and no waiting. If you prefer, you can schedule a session for a later and more convenient time.

Why Homewood? Why Pathfinder? Homewood Pathfinder allows you to access optimal care based on your unique needs and preferences. We've added new, intuitive functionality and design with proprietary algorithms to create Canada's best in class experience supported by 40 years of EAP experience and over 140 years of mental health leadership and expertise.

IMPORTANT REMINDER: These services are offered at no cost to you and are completely confidential. You won't be identified to anybody—including your employer.

Stay tuned:

Over the coming days, your employer will be reaching out to discuss the transition to Pathfinder in further detail. Congratulations, and welcome to the Homewood Pathfinder Suite.

Simply put, nobody else can do what Pathfinder does.

how Are you doing?

EAP Evolved



Homewood PulseCheck

Powered by Homeweb

Get Started Today



check-in

Tell us how you are - using a simple slider. We use this information to track how you are feeling over time. Receive resource recommendations tailored to your response.

How are you doing, Lukas?

Use the slider below to describe how you're feeling.



- CHECK-IN WHEN YOU VISIT
- QUICK & EASY
- SIMPLE SLIDER
- PERSONALIZED FOR YOU
- RESOURCE RECOMMENDATIONS
- DESKTOP, MOBILE, APP OR ANY DEVICE
- TELL US HOW YOU'RE DOING



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Homewood
PulseCheck
by Homeweb

what Are you looking for?

EAP Evolved



Homewood Pathfinder

Powered by Homeweb

Get Started Today



guided journeys

Through triage, assessment and service offerings based entirely on your unique needs and preferences. A new way to get help just for you and only we can do it.

Lukas, we recommend this resource

Sometimes, engaging in an online course is all that's needed or may be all you're looking for. Check out a few resources and if you feel you need more support, come back and use Pathfinder again for additional guidance.



Participants learn when...
...ational workplace...
... and qualify as...
... discrimination...
The course also...
stand the importance...
...s regarding...
...duct.

- NEW DIGITAL HOMEWEB EXPERIENCE
- DAILY CHECK-INS
- CUSTOM TRIAGE
- EXPERT ASSESSMENTS
- PERSONALIZED SERVICE OFFERINGS
- ADDITIONAL RESOURCES
- INDIVIDUALIZED DASHBOARD



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how Can we help you?

EAP Evolved



Get help online



screeners & online booking

We use validated screeners for depression, anxiety, and trauma as well as for other presenting issues. Booking a professional is smooth and fast. You always have access to our professional Intake consultants 24/7 if you want a hand.

Select a date and time with a professional of your choice

Note: Days with a blue circle have open appointments

April						
MON	TUE	WED	THU	FRI	SAT	SUN
29	30	31	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	1	2

is going down to the list of consultations, or five (smaller so both fit on screen).

go other than English or French please services in English and French please use the other of the screens.



- VALIDATED ASSESSMENTS
- GIVE YOUR FEEDBACK
- BOOK A PROFESSIONAL COUNSELLING OPTIONS
- FAST & EASY
- CALL US FOR SUPPORT

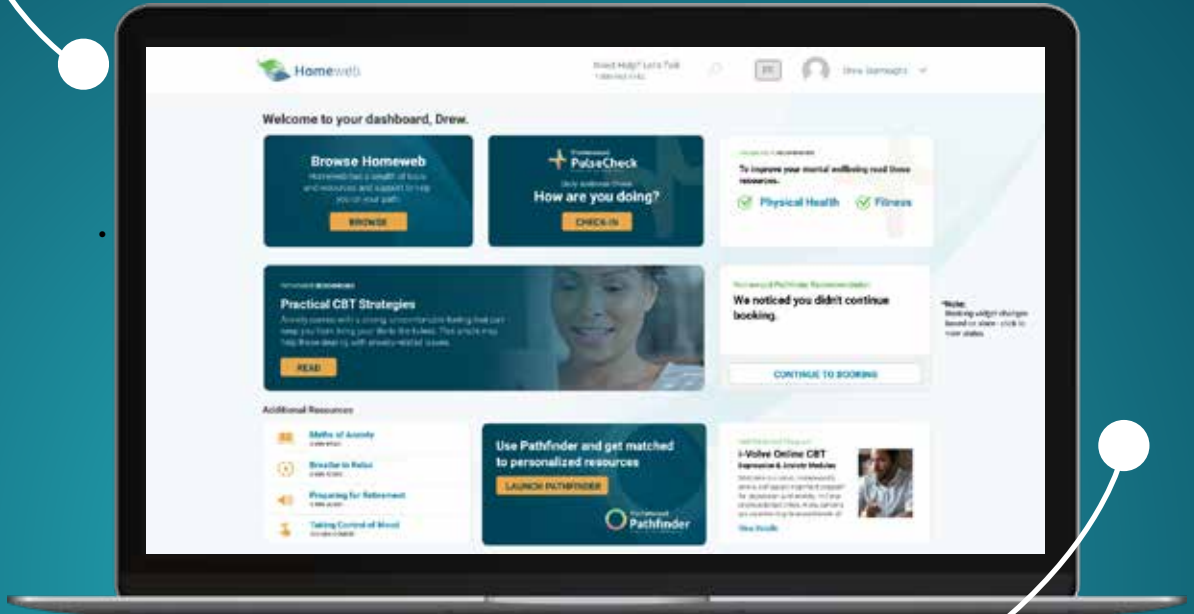


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www.homeweb.ca

how Do you know what's next?

EAP Evolved



Your access hub



My Dashboard

the heart of the Pathfinder experience. It's a place to start new Pathfinder journeys, access specific resources, check-in on counselling appointments or simply browse Homeweb.

- BROWSE HOMEWEB
- ACCESS PULSE CHECK
- FOLLOW HOMEWOOD RECOMMENDATIONS
- USE PATHFINDER
- BOOK OR CHANGE COUNSELLING
- ADDITIONAL RESOURCES
- SELF-DIRECTED PROGRAMS

